

# Homecare

## Root Canal Therapy

### Chewing and eating

If we used an anesthetic during the procedure, avoid chewing until the numbness has completely worn off.

### Brushing and flossing

Brush and floss normally.

### Medications and discomfort

If antibiotics were prescribed, continue to take them for the indicated length of time, even if all symptoms and signs of infection are gone.

The treated tooth/teeth may remain tender or even quite painful for a period of time, both during and after completion of therapy.

To control discomfort, take pain medication before the anesthetic has worn off or as recommended. It is normal to experience some discomfort for several days after a root canal appointment, especially when chewing.

To further reduce discomfort or swelling, rinse your mouth three times a day with warm salt water. Use about one teaspoon of salt per glass of warm water.

### When to call us

Call our office if your bite feels uneven, if you have sensitivity or discomfort that increases or continues beyond three or four days, your temporary filling or crown comes off, or you have any questions or concern. 208-888-3311