

# Implant Placement

## Post-Operative Instructions

1. DO NOT TAKE DENTURE OUT FOR FIRST 24 HOURS
2. DO NOT smoke for a minimum of 24 hours following the extraction.
3. EATING: Cool, soft foods today in order to keep swelling down. Tomorrow you may eat whatever is comfortable. You may want to avoid hard, crunchy foods for a couple more days.
4. AVOID vigorous rinsing of your mouth for the first 24 hours after your surgery. After this, you may begin rinsing with warm salt water and continue with the rinsing at least three times a day for a week. Keep the implant sites clean by rinsing with the salt water and maintaining good oral hygiene. Begin brushing implants after first three days by using a soft toothbrush.
5. To minimize swelling, place an ice pack on the skin adjacent to the affected area continuously for 20 minutes with a rest period of 20 minutes. Do not use an ice pack after 48 hours. If swelling worsens, notify our office immediately. (Note: pain and swelling that begins to increase after three or more days may indicate infection. If this occurs, please contact the doctor or the office)
6. You may have some pain and discomfort the night of and the day after the placement of the implants. Mild analgesics such as Ibuprofen or Tylenol should relieve the discomfort. Avoid taking aspirin.
7. Be certain to use all medications as directed (pain medications, antibiotics, mouth rinses, etc). If you have been given a prescription for an antibiotic, be sure to take it all and to take the prescribed number each day. Never take an antibiotic in small doses.
8. For Women: The effectiveness of oral contraceptives may be decreased while taking antibiotics. Because of this possible drug interaction, women who use birth control pills for contraception are advised to practice additional contraceptive measures during the cycle in which the antibiotics are taken.
9. Please contact our office if you experience any problems with any medications what we prescribed (i.e. rash, vomiting, or diarrhea, etc), or if you have any problems or complications that seem too severe for you to manage, or if you have any concerns about your condition. 208-888-3311.